

# TABLE OF RISKS

Use this list to help you identify the potential risks on your farm and the injuries they may cause. This list can form part of your risk management planning.

## EXAMPLE LIST OF FARM RISKS

TASKS	MOST FREQUENT INJURIES	MOST FREQUENT CAUSE
Shearing	Open wound hand, lumbar sprain	Cut by tool, animal handling
Milking	Lumbar sprain, neck sprain, bruised hand	Animal, lifting carrying or putting down
Dagging	Lumbar sprain, neck sprain, open wound hand	Animal, muscular stress
Calving	Lumbar sprain, neck sprain, shoulder sprain	Muscular stress, animal, lifting etc
Docking	Lumbar sprain, neck sprain, thoracic sprain	Animal, muscular stress, lifting etc
Butchering	Open wound leg, open wound hand	Cutting self, hit by object
Tractor work	Lumbar sprain, neck sprain, ankle sprain	Tractor, falls, slips, trips, stumbles
Fencing	Lumbar sprain, open wound hand, neck sprain	Contact with object, lifting etc, hit by moving object
Welding	Eye, hand, head, throat, lungs, nervous system	Foreign body in eye, cutting self, inhaling contaminants
Painting	Back, neck, foot, throat, lungs, nervous system	Contact with object, fall down a level, inhaling contaminants
Spraying	Back, neck, shoulder, throat, lungs, nervous system	Bike, contact with object, lifting, inhaling contaminants
Tree felling	Back, hand	Falls, hit by falling object
Firewood	Back, hand, shoulder	Lifting, cut self with tool
Feeding out	Back, eye, hand	Falls, slips, trips, foreign body in eye
Harvesting	Hand, back	Contact with object, muscular stress
Riding/driving	Back, neck, head, leg, fatigue	Bike, tractor, vibration
Herding/mustering	Knee, back, foot	Hit by animal, bike, slips and trips
Tagging	Hand, head, back	Hit by animal, slips and trips
Weighing	Back, hand, head	Lifting, hit by animal
Effluent	Hand, back	Hit by object
EQUIPMENT		
Tractor	Neck, back, head, fatigue	Caught or trapped, hit by object, falls, vibration
Quad bike	Shoulder, back, head, fatigue	Rolled, fell off, vibration
Truck	Back, hand, shoulder	Loading/unloading, climbing down, falls
Two wheeler	Foot, knee, shoulder	Fell off, hit object
Implements	Back, hand	Lifting, carrying, trapped
Hoists	Back, foot, hand	Falls, slips, hit by animals
Chainsaws	Back, hand, eye	Hit or cut self, foreign body in eye, lifting or carrying
Fencing	Back, hand	Lifting and carrying, hit by object
Agri-chemicals	Eye, arm, hand, throat, lungs, nervous system	Foreign body in eye, spilt chemical on self, inhaling contaminants
INFRASTRUCTURE		
Shearing	Back, hand	Hit by animal, falls
Dairy	Hand, back, head	Falls, hit by animal, lifting
Yards	Back, knee, head	Falls, slips, hit by animals
Tracks	Back, leg	Bike, slip, trip or fall
Power supply	Hand, back, head	Lifting, hit self with tool
Fences	Hand, back, leg	Fall, lifting, carrying
Gates	Hand, back, head	Trapped, hit by animal, lifting
Bridges and culverts	Back, head	Slips and falls, vehicles, lifting
FEATURES		
Waterways	Back, knee, shoulder	Slips and falls, bikes, carrying
Slopes	Leg, knee, back	Slip and falls, bikes, carrying

You must protect the health of workers and have in place controls for all work-related health risks, as far as is reasonably practicable.

The most common health risks are shown in this table.

#### EXAMPLE LIST OF FARM RISKS

WORK-RELATED HEALTH RISKS ('EFFECTS OF WORK-ON-HEALTH')				
Chemical risks	Biological risks	Psychosocial risks	Ergonomic risks	Physical risks
Asbestos	Blood borne viruses	Bullying	Manual handling	Noise
Silica	Animal viruses	Excessive workload	Shift work	Vibration
Lead	Bacterial infection	Lack of autonomy	Job design	Radiation

Make sure you also have processes in place to:

- > check whether workers are exposed to health risks
- > monitor workers' health, especially where this required
- > take action when health risks are not being managed.

You are also encouraged to promote the health and wellbeing of your workers; for example by reducing the risk of lifestyle diseases, such as obesity, and promoting worker resilience and wellbeing. But before you do that, you should first have effective health protection systems in place.